

Out & About: Good Different

Because we're out, and it's about us!



You are going out, and it's about the two of you. To keep it about the two of you, here are a few suggested ground rules:

1. Do not talk about money, kids (if you have them), in-laws or any other potentially relationally deadly topics. If this feels awkward, you are not alone. That is why you are doing this.
2. Reconnect
3. Recharge
4. Relax



This date is all about doing things differently. So, get it in your head that you are going to do this date differently than you normally do. For instance, let the person who usually drives, be the passenger.



Choose a restaurant you don't typically go to or have never been to before. When you get there, if you typically sit at a booth, ask to sit at a table. Order something you wouldn't typically order. If you typically don't interact much with your server, ask him or her a question like: "What would you recommend?" If you typically chat up the server, be polite but keep the chatting to a minimum.

During dinner, fill in the following blanks:

1. The thing that was "good different" about you when we were dating was _____.
2. The thing that makes you "good different" now is _____.

3. The thing that made us "good different" when we were dating was _____.

4. The thing that makes us "good different" as a couple now is _____.



Now it's time for a free shopping spree. Go to a store. Money is no object. Separate and spend 10 minutes choosing the one thing you would purchase for your spouse that celebrates how different they are. You do not have to purchase what you find. (*If you can't find anything, pull the fire alarm.)

*** PLEASE NOTE:** We are not responsible for arrest due to pulling the fire alarm. But if you do get arrested, take a photo with the arresting officer.



On your ride home, determine one thing you can do in the next two weeks, as a couple, that you have rarely or never done. Such as rock climbing, a picnic, dance lessons, miniature golf, ice or roller skating, bowling, etc. Tip: Check out Groupon, Amazon Local, and Living Social websites for other great ideas and discounts.