



MARRIED  
PEOPLE

# DATE NIGHT



**WINTER EDITION**

WELCOME TO

# date night!

We want to help you have the best date ever by taking out all the guess work so you can do one. thing. **Have fun!**

THIS DATE, LIKE MOST, WILL HAVE THESE ELEMENTS:

**GET READY** *(dress up, dress down, or just wear what makes you feel good!)*

**GO OUT** *(go to your favorite restaurant, or stay on theme by picking one with an extra cozy atmosphere . . . maybe a fireplace!)*

**DARE ME** *(optional and only for the brave.)*

**KEEP IT GOING** *(cause date night fun can last all year!)*

## GET READY

On the way to the restaurant, search for the [@MarriedPeople](#) profile on Spotify to listen to the Winter playlist! Then discuss the following questions:

- » What's your favorite part about winter?
- » What's your favorite winter memory?
- » What's one thing this winter you definitely don't want to miss?

## GO OUT

Ahhhh. Just hang out a minute. Wherever you are, you are there together and you're safe, and warm, and with the one who taught you just how warm "warm" could be. Once you are at the restaurant get cozy and ask each other a few questions.

1. **The thing about you that warms my heart is . . .**
2. **What's something we can do to make our marriage a bit warmer?**
3. **What is, or what should be, the coziest place in our home to be together?**



# DO YOU WANNA BUILD A SNOWMAN?

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Now, that you feel a bit toastier, let the fun begin! You were always told not to play with your food, but this is your chance to make up for lost time! You each have ONE JOB: make YOUR snowman the best looking, most original snowman ever!

I know what you're thinking: how on earth do I do that in a restaurant? Just open your eyes to the many resources at your fingertips . . . your server's pen, salt and pepper shakers, food from your plate, ashes from the romantic candle on your table—they're all game! So each of you, take a snowman. Create, dream, enjoy, but most of all – have FUN!

Once you're finished, give your snowmen names, and be sure to share a pic with us! **#mpmade4eachother**

DARE  
ME



## Get your server involved

**in the fun!** Ask a server to vote on who's snowman turned out best! And be sure you show your waiter some appreciation for their participation in your date night and tip them a little extra!

KEEP IT  
GOING



This week, if an argument starts boiling, say “snowball” and pause for a few minutes to help you “let it go.” Something fun and light helps take some emotion out of the equation and stops a fight before it rolls into something bigger!

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## GREAT DATING!

If there's one thing that's NOT frozen . . .  
it's the two of you!

Want more resources? Follow [@married\\_people](#) on Instagram to check out what's new (and see if your date is featured).



