

Our Marriage Resolution

Courageous is a film that depicts the real-life struggles of families and marriages, but also provides motivation that these relationships can be long-lasting, strong and worthwhile. This date night idea goes right along with the Movie *Courageous* and has you making your very own Marriage Resolution JUST like in the movie! *Courageous* is an inspirational movie about law enforcement officers who struggle with their roles as fathers and husbands. After a tragedy, the men decide to recommit to their roles by creating and signing a formal resolution. In this resolution, they commit to being better fathers and husbands for their families.

This date will help you to start a sincere dialogue with each other on how you can both recommit and strengthen your marriage. It also helps you verbalize your ideal marriage goals and to create strong “I Will” statements that should be very powerful in your marriage! At the end, you will have a beautiful display for your home reminding you of your date and your resolve to be better marital partners!

For your date night, use the Marriage Resolution Question Prompts to start a dialogue with each other about your vision for your marriage. Questions like “What are ideal characteristics in a marriage partner?” and “What kind of marriage do you hope to have?” will generate a discussion that can directly lead you into writing your own resolution! Throughout your discussion, write down your answers. Don’t worry about being formal or having the “right” answers – this is a brainstorm. Write down anything and everything you can think of for each question. This is a great time to express your feelings, hopes and desires about your marriage with your spouse! Enjoy listening to each other and looking toward the future together!

Next, use the Marriage Resolution Template to transfer your brainstorm ideas from the question prompts page onto the template form. In the movie, the resolution statements begin with “I will” followed by a specific commitment. This template also begins with “I will” and allows you space to begin to write your own resolution. For your marriage resolution, go question by question turning each question’s answer into an “I will” statement. For example, if you have said that you felt like an ideal marriage partner would be patient, positive, respectful, supportive, loving, thoughtful and present. When you transfer your thoughts onto your resolution draft you will write, “**I will be** patient, positive, respectful, supportive, loving and thoughtful.

Now, it is time to make your marriage resolution official! Using Microsoft Word (or a similar program) type up the marriage resolution document using your written template guide. Select a nice paper, print and sign. Put the final draft into a fancy frame to display in your home forever! It will serve as a daily reminder to you of the marriage you desire to have and your specific promises made to achieve that goal.

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